

# Family Empowerment Scale

Client Name:		Case Number:	County ID:
Gender:	Age:	Date of Administration	
<b>Type of Administration:</b> <input type="checkbox"/> Entry <input type="checkbox"/> 6 Month <input type="checkbox"/> 12 Month <input type="checkbox"/> Discharge			

## Instructions:

Below are a number of statements that describe how a parent or caregiver of a child with an emotional problem may feel about his or her situation. For each statement, please circle the response that best describes how the statement applies to you.

Questions	Ratings (Circle your answers)				
1) I feel that I have the right to approve all services my child receives.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
2) When problems arise with my child, I handle them pretty well.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
3) I feel that I can have a part in improving services for children in my community.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
4) I feel confident in my ability to help my child grow and develop.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
5) I know the steps to take when I am concerned my child is receiving poor services.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
6) I make sure that professionals understand my concerns about what services my child needs.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
7) I know what to do when problems arise with my child.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
8) I get in touch with my legislators when important bills or issues concerning children are present.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
9) I feel my life is under control.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
10) I understand how the service system for children is organized.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
11) I am able to make good decisions about what services my child needs.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
12) I am able to work with agencies and professionals to decide what services my child needs.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
13) I make sure that I stay in regular contact with professionals who are providing services to my child.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
14) I have ideas about the ideal service system for children.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
15) I help other families get the services they need.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
16) I am able to get information to help me better understand my child.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
17) I believe that other parents and I can have an influence on services for children.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True

Questions	Ratings (Circle your answers)				
18. My opinion is just as important as professionals' opinions in deciding what services my child needs.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
19. I tell professionals what I think about services being provided to my child.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
20. I tell people in agencies and government how services for children can be improved.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
21. I believe that I can solve problems with my child when they happen.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
22. I know how to get agency administrators or legislators to listen to me.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
23. I know what services my child needs.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
24. I know what the rights of parents and children are under special education laws.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
25. I feel that my knowledge and experience as a parent can be used to improve services for children and families.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
26. When I need help with problems in my family, I am able to ask for help from others.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
27. I make efforts to learn new ways to help my child grow and develop.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
28. When necessary, I take the initiative in looking for ways to help my child grow and develop.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
29. When dealing with my child, I focus on the good things as well as the problems.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
30. I have a good understanding of the service system that my child is involved in.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
31. When faced with a problem involving my child, I decide what to do and when to do it.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
32. Professionals should ask me what services I want for my child.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
33. I have a good understanding of my child's disorder.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True
34. I feel that I am a good parent.	Not true at all	Mostly Not True	Somewhat True	Mostly True	Very True